

THE DAVENTRY & DISTRICT FORUM

DDF

Enhancing the Quality of Life for the Over Fifties



Public Forum Event

Wednesday 22nd June 2016

2-4pm Daventry Leisure Centre, Lodge Road, Daventry, NN11 4FP

Programme

2.00-2.05pm Chairman's Opening Remarks

Guest Speakers and Entertainment

2.05-2.35pm **JuditSingers Choir – to talk about their choir and present a short recording**

2.35-3.05pm Relax and have fun: Paul Carter and his gentle Tai Chi demo and taster session (suitable for all abilities)

3.05-3.30pm **Refreshment Break**

3.30-4.00pm Be entertained: Sing along with Imner group duo vocalist and guitarist



Plus: Free Refreshments: A Prize Draw: Visit our Promotional Stands!

If you have any questions about DDF or this event please contact Emma Parry
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For all the latest news from DDF please visit www.daventrydc.gov.uk/leisure/ddf