

BRAUNSTON NEWS

Village

Published jointly by All Saints' Church and Braunston Parish Council.

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Two of Braunston's six post boxes

All Saints' Church Information



Parish Priest: Rev Nat White

Team vicar for Braunston, Ashby & Welton

T: 01788 890 298

E: revnatwhite@gmail.com

ALL SAINTS' CHURCH, BRAUNSTON

 www.allsaintsbraunston.org.uk

 AllSaintsBraunston

Churchwardens:

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E: warden2@allsaintsbraunston.org.uk

T: 01788 899 157

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Fergus McCloghry

E: secretary@allsaintsbraunston.org.uk

T: 01788 890 747

Treasurer:

Peter Hobbs

E: treasurer@allsaintsbraunston.org.uk

BRAUNSTON REGISTERS

Memorial Service

20th December Dennis Wingrave

Cremations

22nd December Michael Davies

13th January Gill Powell

Burial of Ashes

4th January Dennis and Irene Wingrave

Funeral and Burial

11th January Dawn Quinn

Christening

16th January Loretta Mole

Church services in our benefice

SUNDAY SERVICES FEBRUARY 2022

6th Braunston - Communion

13th Ashby - Communion

20th Braunston - No Communion

27th Welton - Communion

SUNDAY SERVICES March 2022

6th Braunston (Lent 1) - Communion

13th Ashby (Lent 2) - Communion

20th Braunston (Lent 3) - No Communion

27th Welton (Mothering Sunday) - Communion

SUNDAY SERVICES April 2022

3rd Braunston (Lent 5) - No Communion

10th Ashby (Palm Sunday) - Communion

17th Braunston (Easter Day) - Communion

17th Ashby (Easter Day) - Communion

17th Welton (Easter Day) - Communion

24th Welton (Second Sunday Easter) - Communion

HOLY WEEK 2022

Monday 11th April

Maundy Thursday 14th April

Tuesday 12th April

Good Friday 15th April

Wednesday 13th April

Easter Saturday 16th April

Are you living your life on a tightrope?

Some years ago, I remember turning on the TV and saw a tightrope walker precariously balanced high above a gorge. It was as if his whole being was consumed with the single objective of staying on his wire.

/continued on page 4

That sort of thing isn't for me and I suspect that very few of us would volunteer for such a dangerous stunt. Strangely, many people attempt something substantially more dangerous. They try to find acceptance with God by being good, moral people. They hope that in some way they might be good enough to get to heaven. When people try to do this, they engage in an exercise that is as unforgiving as a tightrope wire. Just one mistake means that the whole effort has been useless and ends in disaster.

John Wesley said that: *"When people seek to establish their own righteousness, they do not consider what kind of obedience the law indispensably requires. It must be perfect and complete in every point or it does not answer the demands of the law. Which of you is able to perform such obedience? Who can fulfil every jot and tittle of the commandments of God, doing nothing which He forbids? Leaving nothing undone which He demands? Speaking no idle word? How much less are you able to fulfil all the inward commandments of God— those that require that every mood and motion should be holiness unto the Lord! Are you able to love God with all your heart? To love all mankind as your own soul? To keep every affection, desire and thought in obedience to His law?"*

Because we are human, we cannot live lives that please God. Each one of us will fall off the tightrope of being good, probably in my case several times a day. Trusting in our own ability to please God means that we will fail. Someone once said that just as one crack in a mirror makes it a broken mirror, the same is true with our lives, just one breach of God's law makes us wrongdoers.

You and I are not able to keep God's law, but this can lead us to someone who can do that for us and that person is Jesus. On Christmas day we celebrated the birth of Jesus who grew up to be the only one who can put us right with God. If we are really honest with ourselves, then we know that we will ultimately fail the challenge to live a perfect life. It's not enough to know about God and His commands. There is a need for each of us to know God personally and Christians will always try to honour God outwardly through what they say and do. However, the most important thing of all is to honour Him with our hearts by asking Jesus to be part of our lives, because trusting in what Jesus has done is what God ultimately requires of us.

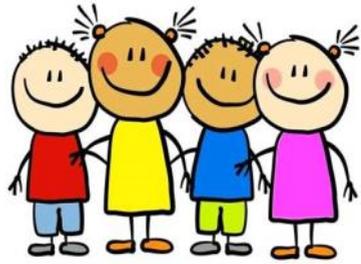
Rev Rob.

Tiny Treasures

A parent/carer toddler group for pre-school children and babies. We meet on Tuesday mornings during term time from 9:00 to 11:00.

Come along and enjoy playtime, stories, singing and craft time.

We are meeting now in the **Parish Room in the Church**. The Church door will be open just come on in.



Food Share and Care

The Food Share and Care is open on Mondays 9-4.

The Friends of All Saints'

Building for the Future



The Friends of All Saints are dedicated to maintaining and enhancing the church building and its contents. We play no part in funding the clergy, staff, or any religious activities. We were formed when the building's future was threatened through lack of maintenance. We remain committed to preserving one of the village's most iconic buildings for future generations.

Membership costs just £2 a month, or £20 a year (minimum subscription). All members are entitled to have the spire floodlit at no extra charge on a date of their choosing. To subscribe, please contact the treasurer, Ralph Maltby, at 8 Mill Close, Braunston.

For more information please email the secretary, John Foster, secretary.foasb@allsaintsbraunston.org.uk.

Church Floodlighting

The complete **December** list

- 2nd - Lit up like Blackpool Tower for Agnes. Happy Birthday x
- 3rd - * In Loving Memory of Our Mum
- 5th - * Remembering with love my darling wife Thelma on her birthday - Bob
- 6th - In loving memory of Judith Old
- 7th - In memory of Sheila
- 9th - Remembering Alan Cope on his 88th birthday. Love Jacqueline, Amanda, Phoebe and Matt xx
- 21st - Linda and Peter Bell 47th Wedding Anniversary
- 24th - Carl Grant birthday memories, love and miss you always - Sharon, Kyle, Siann and families
- 25th - Treasured memories at Christmas of Alan Cope. Love Jacqueline, Amanda, Phoebe and Matt xx
- 25th - Averil, John and son John sadly missed this Christmas. Love from all the family xx
- 27th - * In memory of Philip Hutchinson
- 27th - * Happy Birthday Fran. With best wishes from Mum & Dad
- 30th - * Peter & Chris Grossart's Wedding Anniversary
- 31st - Remembering our wonderful parents with all our love and affection.

The complete **January** list

- 6th - Ron Clegg Birthday Memories, love & miss you always. Audrey, Dave, Jane, Sharon & families
- 8th - * Lit by Bryan & Janet Stuart, to Commemorate our son Jonathan
- 8th - Happy Birthday my big brother Ryan. Love always Diane
- 13th - * In memory of Peter Wenham, friend & ringer
- 23rd - Beryl Sampson who would have been 100 today, love from all the family
- 23rd - In memory of James Smith on his birthday. We'll miss celebrating with Daddy. Love Autumn and Danny

February so far ...

1st - Thanks to everyone for your support and kindness during my recent 'mis-haps'. Carol Barnes.

10th - * In memory of Mansel Davies

12th - * Gordon & Helena Lane Anniversary

19th - * In loving memory of my brother Rowan on his birthday. Miss you loads. Duncan x

23rd - * Happy birthday Zoe. Love, Mum

The fee to light All Saints' is £7 per evening, although you can give more. We ask that you try to keep the length of the dedication for inclusion in the BVN to not more than 12 words.

The completed message with the donation can be left at the Post Office, but note that requests are only collected on the 18th of each month. Please mark the envelope 'Church Floodlighting'.



Two more Braunston
post boxes

WHAT'S ON....

SIX NATIONS RUGBY
5TH FEB - 19TH MAR

LIVE MUSIC FROM THE ELEMENTS
SAT 19TH FEB FROM 8:30PM

COFFEE CLUB IS BACK
WEDNESDAYS TO FRIDAYS FROM
10AM, JOIN US FOR LOCALLY
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CONVERSATION

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EVENTS





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however, online and telephone orders
can be collected from the warehouse

Parish Council Information and News



Clerk: Steve Rolt

c/o 82 Greenway, Braunston, NN11 7JT

t: 0800 002 9783 (Freephone)

e: clerk@braunstonpc.org

Chair: Sandra Stapley

Vice-Chair: John Pomfret

This list shows which councillor to contact for the area you live in:

Archer Avenue and Cross Lane	Alan Mawer	01788 890340
Ashby Road		0800 002 9783
Church Road and Barby Road	Pete Morgan	07805 677559
Dark Lane	Sue Harrison	07769 589459
Eastfields	Jo Glover	07973 278052
The Green	Graham Newman	07710 290265
Greenway and Closes		0800 002 9783
High St (Old Plough to The Green)	Alisdair Rolt	07756 629597
High St (A45 to Old Plough)	David Cary	07775 514840
London Rd, Hill Row, Old Rd, Marina	John Pomfret	07817 234727
Spinney Hill and Closes	Dee Honeybill	07774 754511
Welton Rd, School Cl, Maple Cl	Sandra Stapley	01788 890475

Forthcoming Meetings

Members of the public are invited to attend the following meetings.
Unless indicated meetings are held at Braunston Village Hall at 7.30pm.

7th February Full Council Meeting

7th March Full Council Meeting

Agendas and minutes are available on the Braunston website.

Councillor Vacancies

There are two parish councillor vacancies. The council would welcome applications to be considered for co-option. Anyone interested in applying should contact the clerk.

Street Lights

The Parish Council is upgrading the street lighting to LED lights and this will be completed by the end of February 2022. As previously agreed the upgrade will be self funded over the next 5 years.

In the scheme 148 lights will be replaced and 9 lights not replaced. Those not being replaced have either been redundant for some time or are ones duplicated by others. A fully revised map is available on the Parish Council pages of the Braunston website.

Lights on London Road (A45) are the responsibility of Highways and have already been converted to LED.

Twinkle on The Green

The Parish Council would like to thank everyone who came to the Christmas event. It was lovely to see so many people there.

There were so many people who gave their time and resources, too many to mention individually so a huge thank you to everyone who helped on the day to make the evening successful. A special thank you to Father Christmas and his helpers.

The Parish Council and Heart are now working towards events for the Queen's Platinum Jubilee and after that next Christmas.

Village maintenance, Highways and Rights of Way

We have been asked about the white paint on the edge of the three sets of steps on the grass bank on Welton Road. These will be repainted in spring when the steps are drier.

The broken bench on Church Road/Greenway has been reported and will be repaired as soon as possible.

The rusted Signpost on Church Road alleyway has been reported to the unitary council. It has been inspected and they advise it will be replaced within the next six months.

Part of the Jurassic Way bridleway has not been reinstated after ploughing. This is being taken up by Highways.



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Village Hall Information

To hire the hall please visit the website. Your bookings mean that we can keep improving the hall. For all day or all evening events special reduced rates apply.

See our website: braunstonvillagehall.org.uk,

email villagehall@braunston.org.uk or phone 07890 072487.

If your child attends Braunston Pre-School or Primary School you are entitled to resident's rates even if you do not live in Braunston. There is an extra 10% off charges during the Easter, Summer and Christmas school holidays.

	Braunston Residents	Non Residents
Gallie Room	£11 per hour	£22 per hour
Main Hall	£11 per hour	£22 per hour
Both Halls	£20 per hour	£40 per hour
Meeting Room	£6 per hour	£12 per hour

Contacts for Village Hall activities

Please check with contacts listed whether groups are currently meeting in the Village Hall.

Pilates	Sam	07593 913686
Pop Mobility	Lorraine	01788 890846
Art Group	Alan	01788 890526
Yoga	Sheila	01788 891831
Short Mat Bowls	Bill	01788 891145
	David	01788 891183
Brownies	Clare	
Friendly Club	Jenny	01788 890186
Learn to Crochet	Gill	07711 742575
History Society	Annie	01788 891179
Climate Action	Abigail	07989 421836
Quilt Patchers	Laura	01788 890102
Gardens Ass'n	Kate	01788 890340
Cinema Club	Arthur	01788 890508

Pre-School Monday - Friday 01788 891891
braunstonpreschool@googlemail.com

Braunston C of E School



Christmas has been and gone and decorations have been packed away for another year. Autumn term was completed and we reflected on our successes in continuing to offer the very best for the children and their families despite the challenges that presented themselves. We are grateful for the unwavering

support from parents, carers and members of our community.

At the end of term, we were able to invite parents into school to share our learning and enjoy a song. The children were very proud to share their work and demonstrate how hard they had been working.

We were also able to host a whole school event of 'Braunston's Got Talent'. The talent was phenomenal and all children supported each other being an encouraging, supportive and respectful audience. We orchestrated the event via Zoom. Our IT skills are constantly updated! Children loved watching each other's performances. We adopted the reverse advent calendar tradition again this year rather than the more traditional advent calendar. Children and families contributed food on each day of advent which was donated to ensure each family had sufficient food and presents over Christmas. We would like to thank our community for your donations that made sure that this could happen.

With the arrival of a new year often come resolutions that we make and frequently break. A new year's resolution is a tradition, most common in the western world, in which a person resolves to continue good practices, change an undesired trait or behaviour, accomplish a personal goal, or otherwise improve their life at the start of a new year.

At Braunston Primary School we have our six values: *Relationships, Reconciliation, Responsibility, Respect and Reverence, Resilience and Reflection*. We begin 2022 with Responsibility. This is not a resolution that we make. This is one of our school values that is embedded throughout our school and intertwined with everything that we say and do. By showing the value of 'Responsibility', it means that we strive to take care of ourselves, other people and the things around us. This is vital, especially with Covid still prevalent. In school we see children living by our values and it makes us proud of them. At our celebration assembly every Friday, we share details of a child in each class who has illustrated our values in what they say and do. Each child is praised and receives a certificate so that they can look back with pride at how they showed the school values.

We have a busy few weeks ahead of us as school life continues as normally and safely as possible. We have our Covid Risk Assessments in place to ensure that we continue to run as safely as possible. We continue to follow safe practices to minimise the risk of Covid spreading and bubble when necessary in classes.

Before and after school clubs are running from dance to Lego and basketball to gymnastics. These continue to be well attended. Our recent sporting successes have continued into 2022 with year 4 attending a sports hall athletics event for local schools. They worked together as a team, showing amazing resilience, tried their hardest and achieved third place! Year 4 class are also becoming excited as their residential trip to Everdon becomes imminent (10th and 11th February). They are looking forward to a night away and spending time outside tracking and orienteering. Luckily, this falls just before half term to allow time to catch up on lost sleep before returning to school for another busy term of teaching and learning.

Mrs Lianna Willis, Headteacher



Are you feeling tired and anxious/going through the menopause/ autoimmune disease/cancer support/ chronic illness/digestion/high blood pressure/ immune or post viral support/end of life/ I could go on

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Clubs and Groups

Braunston Hive

Hive members enjoyed Christmas lunch followed by carols at Draycote Water to finish the year, and now look forward to a busy year ahead.

Our first meeting in the Village Hall, at 2pm. on Wednesday, 2nd February, is, appropriately, a visit from a beekeeper, from Rivendell Bees and Honey. Chris Thompson will speak on:

ALL THINGS BEE AND HONEY RELATED

There will also be products for sale.

16th February there will be a COFFEE MORNING, 10.30am at the Wheatsheaf.

2nd March, 2pm, Village Hall, Sheila Beckett will introduce us to:

ARMCHAIR YOGA

Do come along and get lazy muscles moving!

16th March there will be a COFFEE MORNING, 10.30am at the Wheatsheaf.

Braunston Friendly Club

We meet in The Gallie Room at the Village Hall, 2pm to 4pm.

Members enjoy tea, cake and a variety of activities that are organised through the year. Please come along and join us to find out more about what we do. We have extra cups, cake and chat, all ready for people looking to come along to their first meeting.

Monday 14th February 2pm to 4pm. Film. Prompt start at 2pm please. Braunston Cinema Club are kindly showing members the film,

SUNSHINE ON LEITH

Main Hall, Village Hall. No trolley raffle.

Monday 28th February, 2pm to 4pm

THEME MUSIC QUIZ

David Tilley, one of our members, will entertain us with this music quiz. Do come along and join with the fun at this relaxed event. Trolley raffle.

For more information telephone Jenny 01788 890186 or Kate 01788 890340

Braunston Scouts

Braunston Scouts are preparing a 'Gravity Kart' (no pedals it just goes downhill like Redbull Soapbox racers you may have seen on the TV). We started with mechanicals, wheels and tyres and this month they made the body panels to attach to it. Hopefully next year soapbox races will have returned to compete in. Watch this space for updates!



Braunston Heart

Happy New Year!

I hope 2022 is better than the last two. What cannot be denied though, is that through adversity, people have had to look at doing things differently, to explore different options which in turn has led to new opportunities. It is a well known fact that after great difficulty, inventions are imagined, possibilities open up. I want us to consider connections and community.

I am sure that Braunston already had great community spirit before March 2020 but I am also sure that this will have strengthened. Neighbours, previously on nodding terms, may have become lifelines, strangers become friends. I hope that Braunston Heart has helped.

Twinkle on the Green was an example of community spirit. The event was organised to bring the community together and to bring some joy at this time. It is fair to say that it was an incredible success. This was easy to see at the event; the atmosphere was amazing. People kept commenting on how great it was and this continued on social media and

in person afterwards. For a first time event, where we had no idea how it would be received, whether anyone would turn up, we could not have asked for more, so thank you for coming!

It was arranged over just four meetings and was only possible due to the commitment, vision and willingness to try new things by those on the Twinkle committee. We were fortunate that by the time of, and during the event, other members of the Parish Council, members of Braunston Heart, the Alternative Book Club, The W heatsheaf, friends, family members and volunteers of the community, assisted. As well as all the fabulous raffle prize donations! Without such collaboration, the event would not have been a success. I thank you all. A special thank you goes to Lee, the transport manager for Sams transport, a local company, who provided the lorry where the band sheltered and could be seen.

A profit of £255 was made after outgoings were paid. Heart made all outgoing payments and will retain the profit to use within the community.

It was a success but we know that some things can be improved, sound for example. Next time however, we will know more about what we are doing, things to expect and have time to plan and organise. We are planning to hold another Twinkle on the Green event in December.

That is not all, the team are keen and want to organise a summer event. This will be tied in with the Queen's Jubilee four day weekend and we have lots of plans, from baking, dancing, wheelbarrows and ducks so watch this space.

Thank you to the school for the marvellous Christmas card entries. The winners:

Mary, age 5, class R

Hannia, age 5, class 1

Amelia, age 7, class 2

Hope, age 8, class 3

Aerinnwen, age 8, class 4

Isobelle, age 9, class 5

Jonathan, age 10, class 6

Alexis, age 10, class 6

Jo Glover

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www.gofund.me/3be1e80f

Braunston Canal Society (BCS)

BCS continues to develop win-win relationships with local canal related businesses. Two task parties cleared the grounds at Union Canal Carriers. In return for performing this annual task UCC have purchased, at our request, a Honda strimmer/brushcutter and a Stihl pole hedge trimmer for BCS use whenever we need them. In addition they are providing a convenient site for another composting station where we can dispose of arisings from our activities.



The last scheduled task party of 2021 was another opportunity to utilise workboat Skippy2Sheds. The offside vegetation opposite the Stop House and the Marina entrance was cut by a crew of 8. The arisings were then transported and stored at the junction water point.

Several ad hoc task parties took place which included the removal and storage of the fallen handrail at the tunnel portal, the replacement of three dog waste bins, a replacement post for the life ring holder at the Nelson lock, the continuing replacement of CRT signage and the ongoing renovation of our workboat Skippy2Sheds.

The Society is always keen to welcome new volunteers so if you would like to come along and have some fun you can email us at braunstoncanalsociety@gmail.com or phone/text us on 07817 435911. If you would like to see our previous activities check out our website at www.braunston.org.uk/bcs.



Braunston History Society

Tuesday Feb 16th in the Village Hall 7.30pm.

BYGONES

David Sweeney. Over the years David, with his love of antiques and social history, has collected a number of interesting objects. This is a combination of story-telling and unusual objects, a sort of mini Antiques Roadshow. These are not stately home objets d'art but items of ordinary people, categories such as the seaside, old lamps, quiz, WW1, what is it and what's wrong with it.

The talk encourages audience participation, so thinking caps on.

Entry included with Membership, Guests £4

Braunston Cinema Club

We hope to be able to show a film on Feb 26th which if all goes to plan will be

BLINDED BY THE LIGHT

A British film inspired by the true story of Javid, a British-Pakistani Art student in Luton who struggles to cope with his traditional family life and his new generation. A friend introduces him to the music of Bruce Springsteen which inspires Javid to follow his dreams.

Before then we have to resolve the issue of paying the Licence Fee in order to be able to continue showing films, also the Membership fee and admission fee. Up to date information will be sent to members by email and it will also be posted on the Braunston Bugle. We are committed to carrying on showing films so please be patient and please continue to support this popular village evening.

Braunston Neighbourhood Watch

Julie Jarrett coordinates information for Braunston. Let her know if you would like Neighbourhood Watch stickers for your front door.

Tel: 01788 890121 or 07952 858418

Craig Egdell is our local PCSO Tel: 07557 778055

Thank you to Julie and PCSO Tara Cooksammy for arranging for the Northamptonshire Police Beat Bus to come to the village on 27th January.

Royal British Legion

The annual Poppy Appeal 2021 was somewhat restricted as door to door collections were not possible due to Covid. However, businesses and organisations were able to display collecting boxes resulting in £1270 being donated within Braunston.

We also organised similar collections in adjacent villages and another £1939 was collected making a total of £3029 for the immediate area.

The legion continues to play a very important function in the lives of our armed forces. Our thanks to all who participated in the Poppy Appeal 2021.

To find out more about the RBL and how it could help you, please refer to details on the internet.

Colin White/Tony Saunderson

Braunston Village Charity

The Braunston Village Charity can assist and support villagers experiencing hardship by making small, one-off grants and gifts. The grant or gift cannot be to provide something that is the responsibility of the state.



The Charity has developed a webpage which is hosted on the Village Website which gives details on how to apply to the charity and more details on the type of help that can be given.

To suggest someone who might be eligible for help from the Charity or to find out more please contact the Charity via the webpage, or by phone on 07943 486097.

Jetty Field, Braunston's Pocket Park

Our next work morning is on Saturday 12th March.



Facing issues with your laptop or tech?

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Braunston Village Gardens Association

We've had the first delivery of stock for the Garden Store and are expecting more in February.

- The store will be open on Sunday mornings between 11 and 12, from 6th March to 29th May when you can buy the products listed below without ordering in advance.
- You can also order the items from the list and any other gardening products from our supplier's list including other fertilisers, netting and seeds. Please contact us for details and let us know what you would like by 6th February. We can deliver if required.
- We accept cash, cheques and bank transfer. BACS details are the same as last year but please don't pay in advance in case some items are out of stock.

Contact details:

Richard: rmstapley@talk21.com or ring 01788 890475.

Alan: a.mawer@virgin.net or ring 01788 890340

Composts:

General purpose, organic, peat-free, also works well as a growing bag.	40 ltr	£5
Ericaceous, peat free, for lime intolerant plants	50 ltr	£7
Compost formulated for seeds and cuttings, peat free	25 ltr	£5.50

Fertilisers:

FBB organic	1lb 60p	7lb £3	14lb £6	25kg £17
Bonemeal organic	1lb 70p	7lb £3.50	14lb £6.50	25kg £20
Growmore	1lb 90p	7lb £6	14lb £10	25kg £27
Pelleted poultry manure	1lb 80p	7lb £4	14lb £7.50	8kg £8

Other products:

Bamboo Canes	8 feet	70p
Tomorite	1 ltr	£4
Natural Jute Twine	110 m	£2.50
Mini Bark Chips, for mulching pots and containers.	75 ltr	£8
Large Bark Chips, for covering larger areas	100 ltr	£8

BVGA Planning Meeting - Thursday 10th February 7.30pm - Library at Village Hall. Contact Kate mawerk@hotmail.co.uk for details.



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Braunston Paddox Cricket Club

The annual Presentation Evening was held in the Village Hall in early December. Over forty players, friends and family attended and after the event we retired to the Wheatsheaf for more celebrations.

The team captains each gave a brief report as did Adam O'Connor as chairman. He thanked all those who have played, officiated, prepared the pitch and spectated throughout the season. He also thanked the Wheatsheaf for their support and Michael Buchanan from Maximow for the excellent condition of the outfield.

The award winners were

1st XI batsman James Goodwin (back third right)

1st XI bowler Adam O'Connor (front left)

2nd XI batsman Simon Stapley (back second right)

2nd XI bowler Kurt Shingler (front middle)

Wednesday XI batsman Jordan Shingler (back first left)

Wednesday bowler Ryan Haynes (front right)

1st XI player of the year Jordan Shingler

2nd XI player of the year Adam Treen

Most improved player Noah Eyles (back third left)

Fielder of the year Ollie Dunn (back first right)

Paul Beck award for the outstanding individual performance of the year Saurabh Garg (back second left)

Captain's Award for their contribution to the club Tom Sabin and Jordan Shingler

An innovation this year was the use of technology as Rohan Patel, the 2nd XI captain, presented his report via the internet as he could not be present in person as he was allegedly studying hard at Leeds University.



Braunston CAN (Climate Action Network)

You can have your cake and eat it!

Research shows that most people care about climate change, but how to tackle it can seem so overwhelming it's hard to know where to start!

What we choose to eat makes a big difference. Consuming less meat and dairy products is one of the biggest ways to reduce our carbon footprint and environmental impact!

"But I'll miss out on cake!" I hear you say! Fortunately, eating a plant-based diet doesn't mean that you have to miss out on your favourite meals and snacks. Many plant-based alternatives are readily available in supermarkets and can replace a range of meat and dairy products.

INGREDIENTS for making BEST BROWNIES:

- $\frac{1}{3}$ pack silken tofu (100g)
- $\frac{1}{4}$ cup plant-based milk (50ml)
- $\frac{1}{2}$ cup rapeseed oil (100ml)
- 1 cup golden caster sugar (200g)
- 3 teaspoons vanilla extract/essence
- 1 cup plain flour (130g)
- $\frac{1}{2}$ cup cocoa (60g)
- 1 tablespoon cornflour
- $\frac{1}{2}$ teaspoon baking powder
- Pinch of salt
- Dark or dairy-free chocolate chunks or chips (optional)

Silken tofu, soy bean curd (often sold in 300-350g cartons), is low in calories and relatively high in protein and replaces eggs in this recipe.

METHOD:

- Preheat oven to 180°C and line a square cake tin with baking paper
- Blend the tofu, milk and oil together so that they resemble mayonnaise. Transfer the mixture to a mixing bowl.
- Mix in the sugar and vanilla and then the dry ingredients. Mix well. If using chocolate chunks, now is the time to stir them through
- Transfer the mix to your baking tin and bake for about 30 minutes
- Remove from the oven and let it cool for at least 15 minutes before slicing and enjoying!

Braunston CAN is working on projects to reduce carbon emissions within Braunston and in the wider area. Our webpage is in the 'Village Info' section of the village website, under 'Climate Emergency'. If you are interested in joining us, please message 07989 421836 or 07554 264742.

Braunston Community Café (Your Café) GRANTS FUND



We will continue to provide grants for up to 3 years or until the funds are allocated fully, whichever is the soonest.

We look at urgency and appropriateness of need and seek to achieve a spread of grants across various age groups and interests in the village. Grants are typically made for the purchase of items that have benefit and longevity, primarily but not solely for residents of the village. The maximum grant is £1000.

Our revised constitution is on the Braunston village website along with the application form. You can find us by searching under 'Clubs & Societies' and we are listed in various sections including charities, community and volunteers.

Braunston Community Car

The Community Car is for you, available for all residents for journeys for hospital, doctors and other medical appointments and also shopping and local trips to visit friends when Covid restrictions allow.



Any payment is by voluntary contribution. Some journeys are provided in volunteers' own cars.

To request a journey call Community Car number 07984 412921 (24 hrs notice where possible please).

The team would like to thank Zack of Vinetree Automotive of Staverton for his generous support in maintaining the Community Car.

Braunston Walkers

15th January 2022.

The weather was -1°C, with a light frost, frozen puddles and foggy, but that didn't deter 15 walkers from setting out from Braunston, with the promise of lunch by a log fire at The White Horse in Welton. Our walk took us down Jetty Fields and on to the Grand Union Canal towards the tunnel. From there we went up the steps past the entrance to the new cycle track and walked on to Middlemore.

Taking a detour and crossing the A361 we came to the entrance of Lang Farm Park. Once through the park you can re-join the canal beyond the tunnel towards Welton. The ground underfoot was frosty, the air misty, so usual landmarks were difficult to see, but finally the right bridge for us to come off the canal came into view, and we headed towards Welton.

It seemed a long uphill road in the fog, but we finally reached our destination where we had a very warm welcome at the pub and much needed food that was ready for us. Daxa and Bharat took a break from their house renovations and joined us for lunch.

After catching up with everyone, when it was time to leave the cosy pub, a few chose to go back by car, leaving 10 of us to finish our walk with Sandra, our leader for the day. There was a choice of routes back to Braunston and the consensus was to take the slightly longer but traffic free option. After walking through the village and along Welton Lane we reached familiar ground, going through Lang Farm Park which we had walked in the morning, but then, surprisingly, after crossing the A361, we turned left and right and were walking alongside Drayton reservoir, a route none of us had done before. It was a delightful, peaceful way back, bringing us out by the old railway line and onto the new cycle path towards Braunston.

Soon we were down onto the canal again, with Top Lock beckoning. At the Admiral Nelson a small group stopped for more refreshments.

A good walk and great company so worth the effort.

Written by two of our walkers.

Our next walk is on February 19th 2022. We meet at 10am at the Village Hall.

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5.00pm - 5.45pm

Pre Primary Ballet (7-8 yrs)

5.45pm - 6.30pm

Primary Ballet (8 yrs +)

6.30pm - 7.15pm

Grade 1 Ballet (9 yrs+)

7.15pm - 7.45pm

Grade 2 Ballet (11 yrs+)

7.45pm - 8.30pm

Friday

Street Dance & Modern (8 yrs+)

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Grade 3 Ballet (13 yrs+)

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Other News

Ismay Luckey, Mill Close Braunston

Sadly, we must share that Ismay passed away on the 18th January, very peacefully at Northampton General Hospital.

Her funeral will be held at Rainsbrook Crematorium, Ashlawn Road, Rugby on Friday 11th February at 2:00pm.

No flowers please, but we will be grateful for donations. These will be shared between the Talbot Butler Ward at Northampton General Hospital and Letchworth Arcadians, an operatic group of which Ismay had been a member.

Wanted - used stamps, postcards and coins

Last year we helped raise £8214 for dogs charities from the sale of stamps, coins and postcards. Thank you to everyone who helped raise such a generous amount of money for such a good cause.

Please keep sending your used stamps, coins and postcards to:

Val Ward, 51 High Street, Braunston.

Christmas Lights

Thank you to all those who raised everyone's spirits with the best display the village has ever had. A much needed boost!

Chris and Peter Grossart

Bin collections

Wednesday	2 nd February	Food and Recycling
Wednesday	9 th February	Food, Waste and Garden Waste
Wednesday	16 th February	Food and Recycling
Wednesday	23 rd February	Food and Garden Waste

Braunston on the radio

BBC Radio Northampton came to Braunston on 19th January. From before dawn their reporter, Tom Percival, was based under the Gongoozler's gazebo interviewing residents about village activities. The interviewees were sustained on a cold, frosty morning, with hot food and drinks kindly provided by Avril at the Gongoozler.

This was part of the focus in the early morning programme about the relaunch of the Northamptonshire ACRE (Action with Communities in Rural England) Best Village competition. This has not run since 2019 when the judges found Braunston to be the best village in the medium sized category. The competition is restarting this year.

The interviews went out on the Annabel Amos programme which is available to listen to on the BBC Radio Northampton website until 17th February. One interview was held over to the Tim Wheeler Show with Liz Jeeves sitting in also available until that date.

Braunston Weather Report for December 2021

Total Rainfall	72.4 mm
Wettest Day	11.4 mm on Friday 24 th
Highest Temperature	14.6 °C at 13:11 on Thursday 30 th
Lowest Temperature	-1.6 °C at 08:01 on Wednesday 22 nd
Highest Pressure	1042.1 hpa at 09:48 Friday 17 th
Lowest Pressure	980.8 hpa at 22:06 Tuesday 7 th
Strongest Gust	29.8 mph at 05:51 Sunday 5 th
Brightest Sun	193.8 w/m ² at 11:47 Saturday 4 th
Highest UV Index	1 at 11:01 on Wednesday 1 st

We had a relatively mild Christmas with temperatures in the low teens at times. With there being little or no sun during the month, records have shown that it has been the duller since pre-2015.

Adrian Pell

/Continued on page 34



The graph shows temperatures recorded in Braunston in 2021. The top line shows the highest maximum temperature each month and the lower line the lowest minimum in a month.

Braunston Rainfall Data

		2015	2016	2017	2018	2019	2020	2021
Jan		53	72	55	62	25	67	87
Feb		31	37	47	24	36	103	32
Mar		25	79	54	104	47	22	37
Apr		14	43	12	70	23	33	31
May		45	33	71	72	36	3	80
Jun		25	68	32	1	109	68	37
Jul		48	8	54	14	47	55	67
Aug		44	60	53	42	64	98	34
Sep		33	43	72	29	76	30	63
Oct		48	16	11	50	102	80	100
Nov		61	74	29	39	115	47	22
Dec		72	21	92	72	78	114	72
Total	mm	499	554	582	579	758	720	667
	in.	19.6	21.8	22.9	22.8	29.8	28.3	26.3

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BVN Deadline - March 2022 Edition

The next newsletter will be published on **1st March**. Please submit to bvn@braunstonpc.org or the Post Office by noon on **18th February**.