

THE DAVENTRY & DISTRICT FORUM

DDF

Enhancing the Quality of Life for the Over Fifties



Northamptonshire
County Council

Public Forum Event

Wednesday 22nd March 2017

2-4pm Moulton Village Hall, Pound Lane, Moulton, NN3 7SD

Programme - Standing Up For Ourselves

Chairman's Opening Remarks

Falls Awareness & Prevention

**Relax and have fun: Otago strength and balance demonstration
(suitable for all abilities)**

The Osteoporosis Society

**Be entertained: Sing along with group duo vocalist and guitarist
Imner**

***Plus: Free Refreshments, Prize Draw,
Visit our Promotional Stands!***

**FREE transport provided by DACT
Call Daventry District Council
on (01327) 871100 for more info!**



**If you have any questions about DDF or this event
please contact Emma Parry
Tel. 01327 302418 or e-mail
eparry@daventrydc.gov.uk
www.daventrydc.gov.uk/ddf**



accidents don't have to happen

